

What will happen if I tell someone:

- ⇒ An adult I know will want to talk to me about it
- ⇒ The adult will want to help and try and sort it out
- ⇒ They will ask me what has been happening
- ⇒ They may speak to Mrs Walsh
- ⇒ My parents will be told
- ⇒ They will speak to the bully with my knowledge
- ⇒ They may speak to my friends who know about it



What will happen to the bully:

- ⇒ The adult I have told or Mrs Walsh will speak to the bully
- ⇒ The teacher or Mrs Walsh can give out warnings, use other consequences, tell their parents
- ⇒ Their behaviour will be monitored carefully



Who can I tell?

School Friends



Teachers



Mum, Dad, family member



An adult you trust



BE AN ACTIVE BYSTANDER



BULLYING PREVENTION POLICY



Alderley Edge Community Primary School

What is Bullying?

Bullying is a behaviour that can hurt you on the inside or on the outside and is repeated over time.

It hurts you on the outside by hitting you and hurting you physically.

It hurts you on the inside by name calling or saying things that are not nice knowing they will hurt your feelings.



Bullying can be...

Emotional: Hurting people's feelings, leaving you out or saying nasty things.

Physical: Punching, kicking, spitting, hitting or pushing.

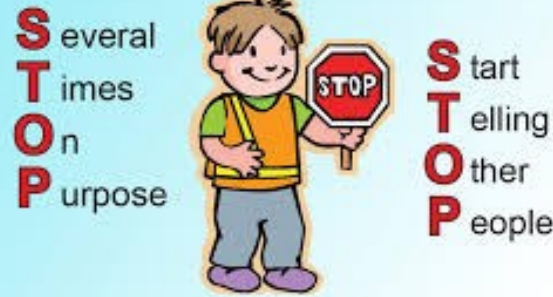
Verbal: Being teased or name calling.

Cyber: Saying unkind things by text, email, chat rooms or online.

Racist: Calling you names because of the colour of your skin or because of your religion.

Through another person

Bullying is not when two people have a disagreement or fall out over something, it is usually



Don't ever think you're alone, tell your teacher if someone is making you feel sad. Remember even if it happening outside school you can still tell an adult in school.

The staff, Governors and parents will work together to make our school a place where everyone can feel safe and happy.

If you are bullied

DO:

Ask them to STOP.

Ignore them.

Find a Midday assistant, teacher or another adult.

Walk away.

Use the classroom worry box so your teacher knows you are sad or worried.

Talk to a friend, mum or dad or someone you trust

YOU MUST TELL SOMEONE!!

DON'T

Do what they say.

Get angry or look upset.

Hit them.

Think it's your fault.

Hide it.

