



STATEMENT OF INTENT

PSHE

Our School Vision

An Inclusive Community Inspiring Life Long Learners

Intent

At Alderley Edge Community Primary School, we use a PSHE curriculum which embeds the concepts and values of the National Curriculum. We build on the outcomes in the EYFS and through the National Curriculum work to achieve these goals. It drives everything we do ensuring our children, including the most disadvantaged and those with SEND or high needs, have acquired the skills and knowledge they require for the next stage of life. Our intention is that PSHE also fully supports our core drivers of academic excellence, life-long learning, possibilities and risks and social intelligence so that the children are equipped to carry on learning beyond their primary education.

It is expected that all children from Early Years to Year 6 will be: **reflective** - learning from mistakes, **resilient** – to stick at things and try again, **resourceful** – learn things in different ways, **responsible** – help other people, **ready** – be ready to learn at an age appropriate level. Additionally, they will have an understanding of how citizens can influence decision-making through the democratic process, have an understanding that the freedom to hold other faiths and beliefs is protected in law, an acceptance that people having different faiths or beliefs to oneself (or having none) should be embraced, and should not be the cause of prejudicial or discriminatory behavior and an understanding of the importance of identifying and combatting discrimination.

Our children also learn skills to ensure they have a happy and healthy lifestyle including how to look after their bodies, the importance of a balanced diet and about how to develop positive physical and mental health. The children learn skills in first aid and develop understanding, at an age-appropriate level, of drug education.

Through our progressive relationships and sexual health education, children learn about the importance of positive relationships and how their bodies will change and develop over the years. They learn about their own emotional development as they grow and enter puberty and develop strategies to ensure positive mental health, knowing where to go for support. Children learn that differences, including learning, physical and sexual orientation, are welcomed and celebrated, in line with our mission statement as being inclusive is central to our values and ethos. At Alderley Edge Community Primary School, bullying is never accepted in any form including racism, homophobic abuse or sexual harassment. Through PSHE children learn to identify and report any concerns they have to trusted adults.

Whilst at AECPS, children learn how to keep safe online and in the virtual world. They learn about personal space and appropriate behaviours on and off line and what to do if they are faced with a problem. Through carefully planned and resourced lessons that support social, moral, spiritual and cultural development, children learn the essentials of safeguarding issues and emotional wellbeing.

Implementation

Pupils will have wide and varied opportunities for learning, some of which will occur naturally through specific times of the year, e.g. Bullying Prevention Week and others which are timetabled through the use of the **No Outsiders** scheme of work and regular PSHE lessons. Philosophy for Children lessons are another opportunity for discussions

and these allow the children the forum to listen to and understand different viewpoints. Discreet PSHE lessons are timetabled for specific topics but it is the regular modelling by staff and frequent opportunities for discussion that reinforces learning. Linking PSHE with other curriculum areas such as nutrition in food technology, reproduction in science and online safety in computing also embeds skills and knowledge. The teaching is designed to help learners to remember in the long term the content they have been taught and how to apply and integrate their knowledge into other concepts, such as the notion of team playing in sports and compassionate understanding and tolerance in the playground.

Mental health and wellbeing are given equal priority to other subjects and the importance of a healthy mind is reinforced. Each class has a feelings box, where worries and emotions can be posted and discussed either privately or as a whole class. AECPS has a designated 'Chill Out' zone and access to resources to support times when feelings are overwhelming, and an adult (mental health first aider) is available to discuss situations if necessary.

Impact

The implementation of this curriculum ensures that when children leave Alderley Edge Community Primary School, they are:

- able to understand the importance of keeping mentally healthy
- have strategies to help with mental health and to know how to find help and support
- understand and accept differences in everyone and so become part of a healthy community
- able to keep themselves safe both in the real world and online
- able to know how to cope with life changes and to understand that life has difficulties but we have strategies to cope with them
- to know how to keep minds and bodies healthy and have a basic knowledge of first aid
- confident in understanding what bullying is and how to deal with it should the need arise