



STATEMENT OF INTENT – PHYSICAL EDUCATION

Our School Vision

An Inclusive Community Inspiring Life Long Learners

Intent

Physical Education (PE) at Alderley Edge Community Primary School aims to deliver a high-quality physical education curriculum that engages and inspires all pupils to succeed and excel in a broad range of activities. This provision within and beyond the curriculum will ensure pupils become physically confident and competent, allowing them to access both creative and competitive opportunities, as an individual, and also, as part of a team. More so, participation in activities, which also require cooperation and collaboration, underpin and are intrinsic to our culture of PE, school sport and physical activity. These experiences and challenges will embed pupils with essential life skills and values, such as resilience, honesty and fairness and therefore, build character. They support the whole school curriculum aims of academic excellence, lifelong learning, possibilities and risks and social intelligence. Ultimately, the ethos of our PE curriculum intends to develop the physical, mental, social, emotional and cognitive abilities and skills of the pupils, to foster wellbeing and promote a lifelong healthy and active lifestyle. Here, we champion an active generation and offer a safe, supportive and fully inclusive PE and sport curriculum, which will create pathways for pupils to maximise their potential and ensure they make a future active contribution to society.

Implementation

At Alderley Edge Community Primary School we offer a bespoke Physical Education curriculum, consisting of a broad and balanced array of physical activities and opportunities, which ensures coverage of all six National curriculum units, namely gymnastics, games (invasion, net and wall and striking and fielding), dance, athletics, outdoor Adventurous Activities (OAA) and swimming. This provision consists of two hours of curriculum time per week, which is further enriched and enhanced during the extra-curricular timetable, by visits off site to sporting venues, through the invitation of guests from relevant organisations and from the access to competitive and non-competitive opportunities for all. This meets the requirements and adheres to the four aims of the PE National curriculum.

To complement our high level of commitment to physical activity, Alderley Edge Community Primary School promotes an active curriculum, whereby physical movement is integrated within the learning, in curricular areas outside of PE. A shared philosophy of the positive effects of physical activity on physical and mental wellbeing is reflected from EYFS through to KS2. We believe that the value we attach to being physically active will provide our pupils with the mindset of leading a lifelong healthy and active lifestyle.

The structure of a long term curriculum map, systemically sets out the units of work for each year group, in each term, which is sequenced to allow for the progression of knowledge, skills and understanding, year on year. Learning in PE will therefore, always build upon prior experiences, whilst simultaneously providing developmentally age appropriate activities, which stretch and challenge all pupils. The implementation of this fully inclusive PE curriculum is delivered by a specialist PE teacher, qualified coach or class teacher, who differentiate the content to meet the needs of individuals, in order for all pupils to experience success. This is a joined up, planned approach which will ensure the outcomes of the PE National Curriculum are achieved and that our pupils are prepared for future learning.

Opportunities to inspire pupils to be involved with physically demanding activities are provided, before, during and after school, as part of an extra-curricular programme. This provision reflects the statutory programmes of study, National Curriculum outcomes and pupil voice, whereby activities are tailored towards identified needs and interests. The aim of both the extra-curricular and competitive and non-competitive experiences are to facilitate pupil access to structured activity, in addition to their two-hour curricular entitlement. This can be in the form of an organised club or by participating in an offsite school event, so that they develop confidence and competence in a broad range of activities. In EYFS and Key Stage one this would encompass a focus upon fundamental motor skills and agility, balance and coordination skills. At Key Stage 2, these skills are then linked and applied to develop a wider range of skills, tactics and techniques, which are demonstrated alongside fitness, strength and stamina routines in competitive and physically challenging situations, against themselves and others. A recognition of success and an understanding of how to improve is also a developmental expectation here, so as to achieve their personal best.

Fundamentally, at Alderley Edge Community Primary School, we are passionate that all pupils are exposed to and engage in opportunities, within and beyond the curriculum, to enjoy communicating, collaborating and competing with each other. We deem this as mandatory in the development of an honest, fair and resilient character, who has a positive sense of wellbeing and the vision of a lifelong habit in the participation of physical activity.

Impact

Pupils who have attended Alderley Edge Community Primary School will have been exposed to and engaged in a full complement of PE, school sport and physical activity. They will be equipped with the necessary skills to apply and transfer to different situations, having formed a physical, mental and emotional toolkit. The development of this will create a mindset where pupils make positive and informed choices towards physical activity, taking responsibility and ownership of their health and fitness. Our pupils are inspired to flourish and maximise their learning experiences so that they excel and achieve their personal best. This secure skillset will facilitate pupils to embrace future challenges and overcome potential difficulties and therefore be part of a future active generation.