

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway and Barrows of Bollington*

We use free range eggs, organic yogurt, organic Mornflake oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

# Fresh Catering

Autumn/ Winter 2023-24

At: Alderley Edge Primary

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

M	Tu	W	T	Fri	Sa	Su
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

M	Tu	W	T	Fri	Sa	Su
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22	23	24	25	26	27	28
29	30	31				

M	Tu	W	T	Fri	Sa	Su
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22	23	24	25	26	27	28
29	30					





# Autumn/ Winter Menu 2023-24

## Week 1

## Week 2

**MONDAY**

Mac & Cheese (v)

Jacket Potato with a Choice of Filling/s (v)

Lemon Bites, Yogurt or Fresh Fruit Platter

**TUESDAY**

Butchers Sausage, Creamed Potatoes, Veg & Gravy or Beans

Plant Friendly Sausage, Potatoes, Vegetables & Gravy (v)

Steamed Pear, Peach & Sultana Sponge with Custard or Fruit

**WEDNESDAY**

Gammon & Pineapple with Potatoes, Carrots, Peas & Gravy

Spicy Lentil Pasta with Fresh Vegetables (v)

Chocolate Crunch Finger with Fruit Chunk or Fresh Fruit

**THURSDAY**

Chicken Curry with Rice & Fresh Vegetables

Homemade Vegetarian Cottage Pie & Vegetables (v)

Fruit Crumble & Custard or Fresh Fruit Platter

**FRIDAY**

Fish Fingers with Chips and Peas or Baked Beans

Vegetarian Sausage Roll with Chips & Beans or Peas (v)

Banana & Chocolate Muffin or Fresh Fruit Platter

**MONDAY**

Homemade Cheese & Tomato Pizza with Pasta Salad (v)

Vegetable & Chickpea Paella (v)

Shortbread Finger with Fruit Chunk, Yogurt or Fresh Fruit

**TUESDAY**

Spaghetti Bolognese with Garlic Bread

Jacket Potato with a Choice of Filling/s (v)

Berry Buns or Fresh Fruit Platter

**WEDNESDAY**

Beef Burger with Chips & Vegetable Sticks

Homemade Italian Pasta Bake (v)

Oat & Sultana Cookie or Fresh Fruit Platter

**THURSDAY**

Chicken Korma with Rice & Cous Cous

Quorn Wrap with BBQ Sauce & Rice (v)

Apple & Banana Cake or Fresh Fruit Platter

**FRIDAY**

Fish Portion with Chips and Peas or Baked Beans

Mini Omelette Popovers with Chips & Beans or Peas (v)

Chocolate Surprise Sponge & Chocolate Sauce or Fresh Fruit

