

Upcoming



Parent Carer Workshops

Workshops held at Visyon (Fellowship House, Congleton, CW12 1DP)

For further information/and or to book a place, please email the FamiliesandCommunitiesTeam@Visyon.org.uk

(Please detail the Workshop name in the subject box of your email and provide a contact number).

Helping support a child's worries and anxieties, 7-week programme. <i>All 7 weeks to be attended consecutively.</i> 10:30 – 12:00 each week	<ul style="list-style-type: none">• 27/09/2023 – week 1• 04/10/2023 – week 2• 11/10/2023 – week 3• 18/10/2023 – week 4• Break 25/10/2023 for half-term week• 01/11/2023 – week 5• 08/11/2023 – week 6• 15/11/2023 – week 7
Supporting a child with their sleep workshop	<ul style="list-style-type: none">• 10.10.2023 - 10:00 – 12:00
Connecting with and supporting a teenager workshop	<ul style="list-style-type: none">• 16.10.2023 - 13:00 – 14:30
Supporting a child with their emotions workshop	<ul style="list-style-type: none">• 30.10.2023 - 13:00 – 14:30
Supporting a child with additional needs	<ul style="list-style-type: none">• 25.10.2023 - 10:30 – 12:00
Supporting a child with the world of social media workshop	<ul style="list-style-type: none">• 07.11.2023 - 10:00 – 11:30
Understanding self-harm workshop	<ul style="list-style-type: none">• 22.11.2023 - 10:30 – 12:00
Supporting a child with bullying workshop	<ul style="list-style-type: none">• 27.11.2023 - 13:00 – 14:30
Supporting a child's development workshop	<ul style="list-style-type: none">• 29.11.2023 - 10:30 – 12:00
Supporting a child with anxiety workshop	<ul style="list-style-type: none">• 05.12.2023 - 10:00 – 11:30
Supporting a child with parental separation workshop	<ul style="list-style-type: none">• 11.12.2023 - 13:00 – 14:30
Supporting a child with loss and bereavement workshop	<ul style="list-style-type: none">• 13.12.2023 - 10:30 – 12:00

*If you believe you would benefit from one of our Workshops, but the dates/timings are not convenient, please get in touch as above. **These workshops are free of charge.***