

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Spring / Summer 2023

At: Alderley Edge Primary

May 2023

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2023

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2023

M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2023

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October 2023

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





Spring/ Summer Menu 2023

Week 1

Week 2

MONDAY

H/M Cheesy Pie (v) & Salad Potatoes

Jacket Potato with a Choice of Filling/s (v)

Dorset Apple Sponge or Fresh Fruit

MONDAY

Vegetarian Sausage Roll with Potato Wedges (v)

Vegetarian Spaghetti Bolognese with H/M Garlic Bread (v)

Chocolate Crunch Finger with Fruit Chunk or Fresh Fruit

TUESDAY

Beef/ Vegetarian Burger with Paprika Potatoes & Coleslaw

Tomato Pasta (v)

Fruity Jelly or Yogurt

TUESDAY

BBQ Pulled Pork in a Tortilla Boat & Savoury rice

Pasta Parma Rosa (v)

Yogurt, Melting Moment or Fresh Fruit

WEDNESDAY

Roast Chicken & Stuffing, Potatoes, Vegetables & Gravy

Quorn Fillet with Potatoes, Vegetables & Gravy (v)

Chocolate Orange Krachollette or Fresh Fruit

WEDNESDAY

All Day Breakfast Butchers/ Quorn Sausage

Jacket Potato with a Choice of Filling/s (v)

Apple & Sultana Flapjack or Fresh Fruit

THURSDAY

Mild Beef Chilli with Rice

Cheesy Pasta Bake (v)

Summer Fruit Sponge or Fresh Fruit

THURSDAY

Katsu Chicken Curry & Savoury Rice

Ploughman's Toastie with Veg Sticks (v)

Pear & Chocolate Sponge or Fresh Fruit

FRIDAY

Cheese & Tomato Pizza (v) with Chips & Sweetcorn or Peas

Salmon/ Fish Fingers with Chips, Peas or Baked Beans

Shortbread Finger with Fruit Chunk or Fresh Fruit

FRIDAY

Battered Fish & Chips with Baked Beans or Peas

BBQ Quorn Wrap with ½ Portion of Chips (v)

Ice Cream & Fruit Coulis or Fresh Fruit

