

A Policy for Helmets

Rationale

This policy is to implement a safety measure to help keep children safe and to help prevent head injuries when using items such as bikes, scooters and skateboards.

Purpose

To minimise the risk of head injuries to children.

Guidelines

- All children must wear a helmet when using items such as bikes, scooters and skateboards or similar items such as roller blades.
- The helmet should fit snugly to prevent any shifting and maximize protection. Make sure the chinstrap can be adjusted so it gently makes contact under the chin when fastened.
- For an adjustable helmet, open it to the largest setting and gradually begin to downsize the helmet until a comfortably snug fit is achieved. The helmet should rest on the head so that the rim is one finger width above the eyebrow and making contact with the top of your head.
- All staff must emphasise the importance of riding or using the item with care even when using a helmet ie: not riding or scooting recklessly
- If a parent prefers their child to use their own helmet from home then this is permissible. However, the helmet must be named and no other child should use this helmet.
- Helmets must be worn at all times (including before school and school pick up and Bikeability) when on school property unless the parent has signed a disclaimer.
- When under supervision of the parent, and the child does not have a helmet on, this is the responsibility of the parent.

Conclusion

This policy is in line with the health and safety policy and risk assessment policy. This policy will help ensure that the risk of a head injury is minimised.

Policy Review

This Policy will be reviewed in line with the policy review schedule

Reviewed – every 3 years

Review date – March 2026